



UK Health  
Security  
Agency

**NHS**

# Boost your immunity this winter with your flu vaccine and COVID-19 booster

**Your COVID-19 vaccines are waiting for you. Don't wait until you're released to have your doses**

Experts advise that those at greater risk will need extra protection this winter. For COVID-19 and flu, everyone aged 50 and over and people with certain health conditions that put them at risk will be offered a vaccine.

The vaccines give you the best protection, protecting you and helping to protect your family, friends and visitors.



**Speak to your healthcare team today**